



**ORANGEVILLE GIRLS HOCKEY
COVID-19 RESPONSE PLAN PROTOCOLS**

VERSION 2 – REVISED OCTOBER 22, 2020



OGHA Contact List for COVID-19 Oversight Group

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OGHA COVID-19 PROTOCOLS

An individual becomes unwell with symptoms of COVID-19

- If an individual becomes unwell with symptoms of COVID-19, or if someone is aware of an individual that becomes unwell with symptoms of COVID-19, that individual must immediately stop participation in hockey activities.
- The individual should be isolated from all others in a well-ventilated area, or outside and provided with a non-medical face mask if one is available.
- The individual will be sent home and instructed to follow public health guidelines regarding self-isolation and testing.
- A member of the OGHA COVID-19 Oversight Group must be informed of the situation and will contact the individual or their parent/guardian to determine if the proper next steps are being taken regarding testing.
- The individual must not return to the arena until they are symptom free for a minimum of 48 hours.
- The OGHA President must be informed of the situation as soon as possible.

Multiple team members displaying symptoms of COVID-19

- If a team has 3 players and/or staff exhibiting 2 or more symptoms of COVID-19 at the same time, that team will suspend all hockey activities until either: a) test results are received based on public health's instruction or b) individuals are symptom free for 48 hours based on public health's instruction.
- A member of the OGHA COVID-19 Oversight Group must be informed of the situation, who in turn will contact the individuals or their parents/guardians to determine if the proper next steps are being taken regarding testing.
- The OGHA President must be informed of the situation as soon as possible.



An individual is tested for COVID-19

- Any individual that is part of a hockey program that has been tested for COVID-19 as a result of potential exposure, experiencing or exhibiting possible symptoms of COVID-19, or from the direction of a medical practitioner and/or public health, may not participate in hockey activities while waiting for the results of the test and not until a negative test result is received.
- The association/team will consult the Session Participation tracking sheets to inform other participants who might have been in close contact with the individual.
- Any association/team members who were in close contact with the individual should not participate in hockey activities and should follow public health guidelines until the diagnosis of COVID-19 is ruled out by health professionals.
- A member of the OGHA COVID-19 Oversight Group should be informed of the situation and should contact the individual or their parent/guardian.
- The OGHA President should be informed of the situation as soon as possible.

An individual tests positive for COVID-19

- If an individual tests positive for COVID-19, they should inform a member of the OGHA COVID-19 Oversight Group.
- The OGHA COVID-19 Oversight Group will work as requested with the facility and public health officials to assist in contact tracing. The Session Participation tracking sheets may be used to assist public health officials in informing other members who may have been in close contact with the individual.
- Any association or team members who were in close contact with the individual should not participate in hockey activities for 14 days and should follow public health guidelines regarding self-isolation and testing.
- All members of the association will be notified of a positive COVID-19 result within the hockey program setting.
- The association will inform and work with the facility in the case of a positive COVID-19 result and determine if any additional cleaning/disinfecting should be performed as per the facility's guidelines.
- The association will inform OWHA of a positive COVID-19 diagnosis by e-mailing team@owha.on.ca.



Return to hockey activities following illness

- If a test was not performed, or the COVID-19 test was negative, the individual may only return to hockey activities once they have gone 48 hours with no symptoms of COVID-19.

Return to hockey activities following COVID-19

- Following a positive COVID-19 test, an individual must follow all public health guidelines regarding return to activities.

Modification/restriction/postponing or canceling of hockey development activities

- Based on the evolving COVID-19 pandemic, the association/team will follow public health, municipal/provincial government, and sport recommendations regarding modifying/restricting/postponing or canceling activities.
- Associations/team members will be informed as soon as possible of any modifications, restrictions, or cancelations.
- Association/teams must keep any modifications and restrictions in place until advised that it is safe to resume activities by public health, government, or sport officials.

Public Health Guidelines

Association and team members will follow all public health guidelines regarding COVID-19. These include:

- Any association/team members who themselves have travelled outside of Canada, or has someone in their household who has travelled outside Canada. must not participate in hockey activities for 14 days and should self-isolate. Any individual who has been exposed to someone with a confirmed case of COVID-19 must not participate in hockey activities for 14 days and should self-isolate.
- Any individual with symptoms of COVID-19 is not permitted to take part in hockey activities.
- Any individual who has someone in their household showing symptoms of COVID-19 is not permitted to take part in hockey activities.